

# Blue Raspberry Lemonade



Ready to start your day? Blast off with this icy, refreshing treat in a beloved flavor combo!

**25**

Calories

**0 g**

Protein

**6 g**

Carbs

**0 g**

Fat

## Ingredients:

- 1 Liftoff® Lemon-Lime Blast\*
- ¼ tsp. Drink Mix Blue Blast
- ½ tsp. Herbal Tea Concentrate Raspberry
- ½ fl. oz. Herbal Aloe Concentrate Mango
- 8–12 oz. water
- 1 cup ice

## Instructions:

1. Dissolve Liftoff®, Herbal Tea Concentrate and Herbal Aloe Concentrate in 24 oz. cup with 2 oz. of hot water
2. In a separate cup, dissolve Drink Mix Blue Blast with 2 oz. of water
3. Fill cup containing Liftoff®, Herbal Tea Concentrate and Herbal Aloe Concentrate to the top with ice
4. Slowly pour water over ice to create barrier
5. Finally, pour dissolved Drink Mix Blue Blast over ice and top with a little extra water if necessary

\*Liftoff® is a dietary supplement with directions to use one serving no more than twice each day.